



Golden West Championships

August 30, 2018- September 2, 2018
Entry Deadline: Sunday, August 5, 2018

Hosted by All Year FSC

Golden West Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to any eligible, restricted, reinstated or readmitted person as defined by the Eligibility Rules, and whom is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: This event is part of the **Southern California Inter-Club Invitational Series.** Top point scorers, at the end of the season, will be invited to the Invitational Final. Please see the Southern California Inter-Club Association website at <http://www.socalinterclub.org> for more information.

ELIGIBILITY/TEST LEVEL:

All competitors must be eligible persons and members in good standing of U.S. Figure Skating by the close of entries. Qualifying tests and ages for all events are as of close of entries Sunday, August 5, 2018.

All levels may skate one level higher than that for which they are qualified, but may not skate at more than one level per discipline entered, except as specifically noted below. Age restrictions apply for Juvenile and Intermediate events as identified in the "Events" section. ALL ages are as of September 1, 2018.

Skaters entering pre-preliminary through pre-juvenile events will be divided as closely as possible by age at the discretion of the referee. If necessary, the referee will combine events as needed based on entries.

This event is a standard U.S. Figure Skating Nonqualifying Competition



Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Team Event Test Level: Team Maneuvers: Athletes may compete at their test level or any level higher.

ENTRIES: Entries must be submitted online via Entryeze (www.entryeze.com or www.allyearfsc.com and follow link to Entryeze) by **midnight August 5, 2018**. All Year FSC requires "online" entry. Entries received after the close of entries will be subject to a \$30 late fee and may be accepted at the discretion of the Local Organizing Committee and/or referee. **A \$30 late fee MUST accompany late entries to be considered.** In no case will late entries or changes to entries be accepted after August 12, 2018. A credit card processing fee is charged. Processing fees are **not refundable**, even if the event is canceled or skater withdraws before close of entries. **Credit Card Disputes:** All Year FSC reserves the right to charge an additional fee of \$40.00, in addition to the entry fee to resolve any disputes to the credit card charge. If you have any problems, please contact Helene Krasner (Registrar) for assistance.

REFUND POLICY: Entry fees will not be refunded after August 12, 2018 unless no competition exists, or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$40 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email and on Entryeze and on the AYFSC website links. This will be considered sufficient notification of the scheduled events.

FACILITIES: The competition will be held at the Center Ice Arena, 201 South Plum Ave., Ontario, CA 91761. The ice surface is approximately 85' x 200', slightly rounded at the corners. The arena has dressing rooms, snack bar, pro shop and free parking. There are restaurants within walking and driving distance of the arena. For additional information regarding Center Ice Arena, please visit their website: <http://www.ontariocenterice.com>, or call (909) 986-4231.

REGISTRATION and MUSIC: A registration desk will be set up in the entrance area of Center Ice Arena during the Competition. All skaters are required to register a minimum of 45 minutes prior to the scheduled time for their event.

MUSIC

For the Golden West Championships, online music submission is the **ONLY** acceptable method to submit program music. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can log out of your account and return later to upload your music by going to the "Competition" tab and then selecting "My Music." Please be sure you are uploading the correct music for the correct event segment. Be careful, for example, not to mix up your short program and your freeskate!

Deadline for uploading music files is: August 20, 2018

The uploaded program music MUST conform to the following specifications:

- Programs per file: One [1] - Only one piece of competition program music (e.g. short program, free skate, short dance, free dance, etc.) per file is allowed.
- File Format: mp3 - The uploaded file music must be an mp3 file (MPEG-1 or MPEG-2 Audio Layer III). Simply changing the file extension to "mp3" from another file format is not acceptable.
- Bit Rate: 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted).
- Maximum file size: 10 MB
- Maximum run time: Five [5 minutes]
- ID3 Metadata [tags]: None - The Chief Music Coordinator strongly recommends that mp3 files DO NOT contain any ID3 metadata, commonly called tags. This is especially true of any embedded images such as album cover art, picture of the skater, etc. Please, NO EMBEDDED IMAGES!
- Maximum leader: Two [2] seconds] - The leader is the silence between the start of the track and the actual start of the program music. The Chief Music Coordinator recommends that there be NO leader.
- Maximum trailer: Two [2] seconds] - The trailer is the silence between the end of the program music and the end of the actual track. The Chief Music Coordinator recommends that there be NO trailer.

Backup Music at Event [CDs]

In addition to submitting the music online, all competitors/teams must also have at least one [1] backup copy of their competition music on CD, AT RINKSIDE, during the actual competition event or official practice. CDs must meet the following requirements:

- In standard Audio CD format (Compact Disc Digital Audio). Other formats, including mp3 are NOT acceptable.
- Clearly marked with a permanent marker (e.g. Sharpie, do NOT use a label or tape) as follows: First Name, Last Name, (Club – Optional but requested), Event, Event Segment and Music Length (e.g. Jane Smith, Acme FSC, Novice Ladies, Free Skate, 3:10 or Synchro Team, Widget FSC, Preliminary, Free Skate, 1:59)
- **Each CD may have only ONE [1] music track on it. In the case where a skater competes in both a short program/dance and a free skate/free dance, two [2] separate discs must be available. Any disc with more than one [1] track is NOT acceptable.**
- Lead in time (time before the music begins) on CDs may not exceed two [2] seconds.
- Due to the compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs. PLEASE, no CD-RWs!!

The LOC, competition officials, and volunteers exercise reasonable care when handling CDs. However, they are not responsible for damage to or loss of any CDs. The LOC is not responsible for CDs not picked up by the end of the competition. Those CDs will be destroyed.

Penalty for Incorrect Music or Failure to Upload Music

The LOC may assess each competitor/team an additional charge, up to \$25.00 per event segment, if the competitor/team: 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not follow the specifications above, or 3) uploads the incorrect music for a given event segment (e.g. uploads short program music instead of the free skate). In the event the LOC decides to assess a penalty, the competitor/teams will not receive their credentials at registration until they pay the penalty fee and turn in their music on CD, conforming to the requirements above.

LIABILITY: U.S. Figure Skating, All Year FSC and Center Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events: **pre-preliminary, preliminary**, pre-juvenile, open juvenile, juvenile, intermediate, novice, junior and senior*
- *Short program events, juvenile – senior*
- *Pairs free skate events, juvenile – senior*
- *Pairs short program events, novice – senior*
- **Adult Silver**, *Adult Gold, Adult Masters combined*

All competitors skating in these events need to submit the “planned program content form” online. This form is found in the Entryeeze registration system. The deadline to submit the form is the entry deadline date.

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate event: Adult Bronze, Pre-Juvenile Pairs*
- *Team Event*

Personal Protocols for IJS events will be available, to individual skaters, at the registration desk at the end of each event. Total Points and results will be available on the All Year FSC website (www.allyearfsc.com) as soon as possible after the competition.

QUALIFYING ROUNDS

Qualifying Rounds will be held for each Free Skate event where the number of entrants exceeds 24 for Pre-Juvenile events and above. If there are sufficient entries, Pre-Preliminary and Preliminary events may be split by age. There will not be any Final Rounds for Pre-Preliminary, Preliminary and Juvenile Short Program Levels. Not more than 32 entries will be permitted in the Final Rounds for Pre-Juvenile, Open Juvenile and Juvenile (except for Juvenile Short Program) through Senior events. Seeding and Groups will be split per Rule 2466 except as stated above and at the discretion of the Chief Referee. See well balanced program freeskate section for more information on qualifying rounds, if needed, for events with a short and freeskate program.

Well Balanced Program FreeSkate

General segment parameters:

Skaters may not enter two freeskating events at different levels.

All categories events with a short and long program are combined events. Each skater will skate a short and a long program. The short and long programs are included in the entry fee.

Qualifying rounds for events with a short and long program are combined events. Each skater will skate a short and a long program. The top skaters from each qualifying round will move onto the final round. The final round is the freeskate event only.

All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs."

DRAW FOR SKATING ORDER: The skating order will be determined by closed draw prior to each segment. Draw for skating order of the Final Round will be a closed draw, drawn in accordance with Rule 2725.

TEAM EVENT

TEAM MANEUVERS Team maneuver events consist of teams of three to six athletes (any mix of male and female) each performing no more than two of the six required elements prescribed for their level. An athlete may enter only one team in each competitive level.

Team Maneuvers: Requirements: An athlete may compete for only one team. Athletes may skate up to any level they desire, but they may not compete on a team at a lower level than the highest test they have passed.

Team Maneuvers: Judging & Conduct of Event The event will be judged on a team basis – one mark will be given for each team. Athletes will have a general warm-up of STROKING ONLY for two minutes. There will also be individual warm-ups for each element for one minute. Teams will be assigned a place to line up along the barrier and must remain on the ice for their entire event. Elements will be skated individually, and the announcer will call the representative from each team when it is his or her turn to perform the prescribed element.

Note:

- > If a team has one athlete perform more than two elements, any succeeding elements performed by that athlete will receive no value. *
- > If a competitor performs an element higher than that listed, that element will receive no credit. For example, if the element specified is a Single Salchow jump and the competitor performs a double Salchow jump, no credit is given for this element. *
- > *Judging: errors are deemed 'not according to requirements, no value will be given for the preformed element. Deduct 0.1 from the technical element mark.

Team Maneuvers: Elements High Team Maneuver (junior and senior: no test restrictions):

1. Single or double Axel
2. A combination consisting of two double jumps or a triple jump and a double jump
3. A double or triple Lutz immediately preceded by connecting steps or other free skating moves
4. Flying one position spin (entrance and position – upright/sit/camel -- is choice of skater)
5. Combination spin with only one change of foot (at least one change of position) – No fly
6. Serpentine step sequence utilizing the entire ice surface

Intermediate Team Maneuver (intermediate and novice: skaters may not have passed higher than the novice free skating test.)

1. Single Axel
2. A combination jump consisting of a single and a double jump or two double jumps.
3. Double loop or double flip immediately preceded by connecting steps or other free skating movements
4. Camel spin with a change of foot (forward to backward camel or backward to forward camel) – No fly
5. Spin combination with only one change of foot (at least one change of position) – No fly
6. Straight line step sequence utilizing the entire ice surface

Low Team Maneuver (pre-preliminary - juvenile: skaters may not have passed higher than the juvenile free skating test.)

1. Single Axel– loop jump combination
2. Combination sequence: Single Flip jump – toe tap– Single Axel or Double Axel
3. Single or Double Salchow
4. Combination spin: camel spin to sit spin (no change of foot) – No fly
5. Upright spin (optional free foot position, may have one change of foot) – No fly or layback
6. Circular step sequence (utilizing the full ice surface)

PRACTICE ICE: Depending on the number of applicants, practice ice for the competition may be offered. If offered, final details for scheduling practice ice will be made available to competitors through Entryeeze. A complete day of Practice Ice may be offered on Wednesday, August 29, 2018.

Practice Ice Fees are NON-REFUNDABLE AND NON-TRANSFERABLE. For questions regarding practice ice, please contact Jayne Rendel, email: jaynerendel66@yahoo.com

Unofficial practice ice may be offered. The days and times will be determined as the competition scheduled is finalized. Music will not be played on unofficial practice. First come, first served.

PHOTOGRAPHY/VIDEOGRAPHY: Coronado Video will be the official videographer. A professional photographer for award and action photographs will be at the rink. All other videotaping and photography is restricted to hand-held battery-operated equipment, without tripod. No photography or videotaping, except by the official photographer, without the express permission of the person being photographed or videotaped is allowed.

Solicitation by any photographer, or agent, of anyone to be the subject of still or video photography is not permitted. NO FLASH PHOTOGRAPHY DURING THE EVENTS IS ALLOWED.

AWARDS: Awards will be presented for the first four placed skaters in each event level/group.

OFFICIAL NOTICES: An official bulletin board will be maintained inside the lobby area of the arena.

The official schedule of events will be posted on Entryeeze and the All Year FSC website (www.allyearfsc.com). It is the responsibility of each competitor, parent and coach to check the bulletin board and websites listed above frequently for any schedule changes and/or additional information. During the competition, updates will be posted on the official bulletin board and will supersede all other schedules. Notices posted here are considered sufficient notice to all skaters. No schedules will be mailed. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted as noted above prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must be in compliance with U.S. Figure Skating Rule MR 5.11

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – **no exceptions.** We strongly urge all coaches to have their cards with them.

Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.

Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and the PSA. For more information regarding Coach Compliance, please click [here](#)

ADMISSION:

Adults -- \$10.00/day, Senior (62+) -- \$5.00/day

Children under 12 (if accompanied by an adult) – No charge

CREDENTIALS:

Competitors– Will receive a credential at no charge

One coach per skater will receive a credential at no charge (*credential must be requested during entry process on Entryeze*)

One additional coach credential per skater may be purchased for \$15 (credential must be requested during entry process on Entryeze). Can be purchased online only no later than August 12, 2018.

One chaperone per skater– No charge (*credential must be requested during entry process on Entryeze*)

One additional chaperone credential per skater may be purchased for \$15 (credential must be requested during entry process on Entryeze). Can be purchased online only no later than August 12, 2018.

ENTRY FEES:

Freeskating for Intermediate through Senior - Singles and Pairs events which have a short program and a free skate program will be competed as a combined event.

SINGLES EVENTS

PRE-PRELIMINARY, PRELIMINARY, PRE-JUVENILE, JUVENILE and OPEN JUVENILE

\$125

JUVENILE SHORT PROGRAM

\$55 – cannot be only event entered. Skater must also be entered in Juvenile or Open Juvenile Freeskate

INTERMEDIATE, NOVICE, JUNIOR AND SENIOR

\$175

ADULT

\$125

PAIRS EVENTS

PRE-JUVENILE, JUVENILE & INTERMEDIATE

\$125 per pair

NOVICE -SENIOR

\$175 per pair (**Each partner of a Pair event must complete a separate entry and both must be submitted.**)

TEAM EVENT

\$200 per Team – Register a Team Name. Members of the team do not need to be identified.

This event is a standard U.S. Figure Skating Nonqualifying Competition



CRITIQUES:

Skaters in the following events have the opportunity to receive a critique: Juvenile through Senior singles and pairs events only. Critiques will be scheduled approximately 15-20 minutes after the event and skaters are to line up as there will be no sign-up process. The critique panel will include a judge and a technical panel member. It is recommended that the coach attends the critique. There will be no charge for the critique. If you don't attend the critique time period, there is no make-up time period.

ACCOMODATIONS

Please make your reservations early to guarantee you have the necessary room(s). All hotel information may also be viewed on the event website www.allyearfsc.com

All Year FSC has negotiated a special room rate at the Doubletree by Hilton. The hotel is approximately 10 minutes, by car, from the Center Ice Arena. The Double Tree offers a free shuttle between Ontario International Airport and the hotel property.

OFFICIAL HOTEL:

DoubleTree by Hilton, Ontario Airport, \$119 per night is available for single, double, triple or quad occupancy (plus taxes)

Double Tree by Hilton Ontario Airport
222 North Vineyard Ave.
Ontario, CA 91764
(909) 937-0900

Booking link:

https://secure3.hilton.com/en_US/dt/reservation/book.htm?inputModule=HOTEL&ctyhocn=ONTO-DT&spec_plan=CDTGWS&arrival=20180829&departure=20180901&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT

https://secure3.hilton.com/en_US/dt/reservation/book.htm?execution=e1s1

Reservations: Reservations must be made by August 4, 2018 to get the group rate. However, if the block of rooms at this rate is full prior to August 4th, the group rate may no longer be available.

To call for reservations: 1-800-222-8733 group code GWS

You may book directly with the Hotel Reservation department by calling the reservations desk directly at (909) 418-4873. Request the negotiated rate for **Golden West Championships**.

The DoubleTree provides complimentary shuttle service every 30 minutes between Ontario International Airport and the hotel. Competitors will be responsible for their own transportation to and from the hotels and the Center Ice Arena.

ADDITIONAL HOTEL Information:

Comfort Suites Ontario Convention Center

This property is across the street from the DoubleTree. The hotel is approximately 10 minutes, by car, from the Center Ice Arena.

Comfort Suites Ontario

1811 East Holt Blvd.
Ontario, CA 91761
(909) 605-0700

The Comfort Suites Ontario provides complimentary shuttle service between Ontario International Airport and the hotel. Call the hotel directly at 909-605-0700 for pick up. Competitors will be responsible for their own transportation to and from the hotels and the Center Ice Arena.

CONTACT INFO: If you have questions, please contact:

COMPETITION Co-CHAIRS

Lisa Edwards
email: lisaedwards.allyearfsc@gmail.com
Jayne Rendel
email: jaynerendel66@yahoo.com

REGISTRAR

Helene Krasner
email: hjkrasner@gmail.com
phone: 424-374-8104

REFEREE

Janis Engel
email: jdengel62@gmail.com

ADDITIONAL INFORMATION:

- Events will be held in accordance with the rules of U.S. Figure Skating per the 2018 Rulebook and per the 2018-2019 Competition Rules contained therein, except as otherwise stated herein and/or modified by the 2018 Governing Council meeting, U.S. Figure Skating Technical Notifications for appropriate discipline (http://www.usfigureskating.org/New_Judging.asp), ISU Communications for Juniors and Seniors and as otherwise stated herein.
- An event must have a minimum of two entries prior to the close of entries to be scheduled, and a minimum of two competitors to be held.

This event is a standard U.S. Figure Skating Nonqualifying Competition

Sanctioned by:



SINGLES & PAIRS EVENTS

LEVEL	EVENT
<p>PRE-PRELIMINARY</p> <p>No test but no higher than the Pre-Preliminary Free Skate Test.</p>	<p>Singles Free Skate – In accordance with Rule 4270</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>PRELIMINARY</p> <p>Must have passed the Pre-Preliminary Free Skate Test but no higher than Preliminary Free Skate Test.</p>	<p>Singles Free Skate – In accordance with Rule 4260</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>PRE-JUVENILE</p> <p>Must have passed the Preliminary Free Skate test but no higher than the Pre-Juvenile Free Skate Test.</p> <p>PAIRS: Pre-Juvenile Pair Test but no higher than Juvenile Pair Test. * see Note</p> <p>Age requirement for Pairs: Under 14 years of age as of 09/01/2018</p>	<p>Singles Free Skate – In accordance with Rule 4250</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p> <p>Pairs Free Skate – In accordance with Rule 5250</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>JUVENILE</p> <p>SINGLES: Must have passed the Pre-Juvenile Free Skate Test but no higher than Juvenile.</p> <p>Age requirement: Under 13 years of age as of 09/01/2018 for girls; under 14 years of age as of 09/01/2018 for boys</p> <p>PAIRS: Pre-Juvenile Pair Test but no higher than Juvenile Pair Test. * see Note</p> <p>Age requirement for Pairs: Under 16 years of age as of 09/01/2018</p>	<p>Singles Free Skate – In accordance with Rule 4240</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p> <p>Pairs Free Skate – In accordance with Rule 5240</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>Juvenile SHORT PROGRAM</p> <p>Non-Qualifying event</p>	<p>Singles Short Program– In accordance with Rule 4240</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>OPEN JUVENILE</p> <p>Must have passed the Pre-Juvenile Free Skate Test but no higher than Juvenile.</p> <p>Age requirement: 13 years of age or older as of 09/01/2018 for girls; 14 years of age or older as of 09/01/2018 for boys</p>	<p>Singles Free Skate – In accordance with Rule 4240</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>

<p>INTERMEDIATE</p> <p>SINGLES: Must have passed Juvenile Free Skate Test but no higher than Intermediate Free Skate Test.</p> <p>Age requirement for Singles: Under 18 years of age as of 09/01/2018</p> <p>PAIRS: Must have passed Juvenile Pair Test but no higher than Intermediate Pair Test. * See Note</p> <p>Age requirement for Pairs: Under 18 years of age as of 09/01/2018</p>	<p>Singles: In accordance with Rule 4230</p> <p>Short Program & Free Skating Program See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p> <p>Pairs Freeskating Program– In accordance with Rule 5230</p> <p>See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>NOVICE</p> <p>SINGLES: Must have passed Intermediate Free Skate Test but no higher than Novice Free Skate Test.</p> <p>Age Requirement for Singles: None</p> <p>PAIRS: Must have passed Intermediate Pair Test but no higher than Novice Pair Test.* See Note</p> <p>Age Requirement for Pairs: None</p>	<p>Singles: In accordance with Rule 4220</p> <p>Short Program & Freeskating Program See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p> <p>Pairs: In accordance with Rule 5220</p> <p>Short Program & Freeskating Program– See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>JUNIOR</p> <p>SINGLES: Must have passed the Novice Free Skate Test but no higher than Junior Free Skate Test.</p> <p>Age Requirement for Singles: None</p> <p>PAIRS: Must have passed the Novice Pair Test but no higher than Junior Pair Test.* See Note</p> <p>Age Requirement for Pairs: None</p>	<p>Singles: In accordance with Rule 4210</p> <p>Short Program & Freeskating Program See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p> <p>Pairs: In accordance with Rule 5210</p> <p>Short Program & Freeskating Program– See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p>
<p>SENIOR</p> <p>SINGLES: Must have passed the Junior Free Skate Test or higher.</p> <p>Age Requirement for Singles: None</p> <p>PAIRS: Must have passed the Junior Pair Test or higher. * See Note</p> <p>Age Requirement for Pairs: None</p>	<p>Singles: In accordance with Rule 4200</p> <p>Short Program & Freeskating Program See U.S. Figure Skating Elements chart http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart</p> <p>Pairs: In accordance with Rule 5200</p> <p>Short Program & Freeskating Program - See U.S. Figure Skating Elements chart</p>

	http://www.usfigureskating.org/story?id=84109 Duration: as listed in the Elements chart
ADULT BRONZE Must have passed the Adult Pre-Bronze and no higher than Adult Bronze Free Skate Test, the USFSA Preliminary Free Skate Test Age requirement: 21 years of age or older as of 09/01/2018	Freeskating Program: In accordance with Rule 4590 See U.S. Figure Skating Adult Skating Element Charts http://www.usfigureskating.org/story?id=84112 Duration: 1:50 max
ADULT SILVER Must have passed the Adult Bronze Free Skate Test and no higher than the Adult Silver Free Skate Test. Restrictions apply as per Test requirements per Rule 4580. Age requirement: 21 years of age or older as of 09/01/2018	Freeskating Program: In accordance with Rule 4580 See U.S. Figure Skating Adult Skating Element Charts http://www.usfigureskating.org/story?id=84112 Duration: 2:10 max
ADULT GOLD Must have passed the Adult Silver Free Skate Test. Restrictions apply as per Test requirements per Rule 4570. Age requirement: 21 years of age or older as of 09/01/2018	Freeskating Program: In accordance with Rule 4570 See U.S. Figure Skating Adult Skating Element Charts http://www.usfigureskating.org/story?id=84112 Duration: 2:40 max
ADULT MASTERS (Intermediate/Novice combined and Junior/Senior combined) Must have passed at least the USFSA Adult Gold Free Skate Test, Intermediate Free Skate Test or, prior to October 1, 1977, the 3 rd Figure test. Age requirement: 21 years of age or older as of 09/01/2018	Freeskating Program: Per Masters Rules 4510, 4520, 4530, 4540, 4550 & 4560 See U.S. Figure Skating Adult Skating Element Charts http://www.usfigureskating.org/story?id=84112 Competitors are permitted to utilize the highest level's requirements in this combined level event. Duration: 3:40 max

*Note for Pairs events: It is permissible for one or both partners to have passed the next higher pair test and still remain eligible to compete at the lower level, provided that neither skater has competed at the higher level in qualifying competition. Further, if the skater chooses to compete at the lower level, they must do so with a partner other than the one with whom they passed the higher test.